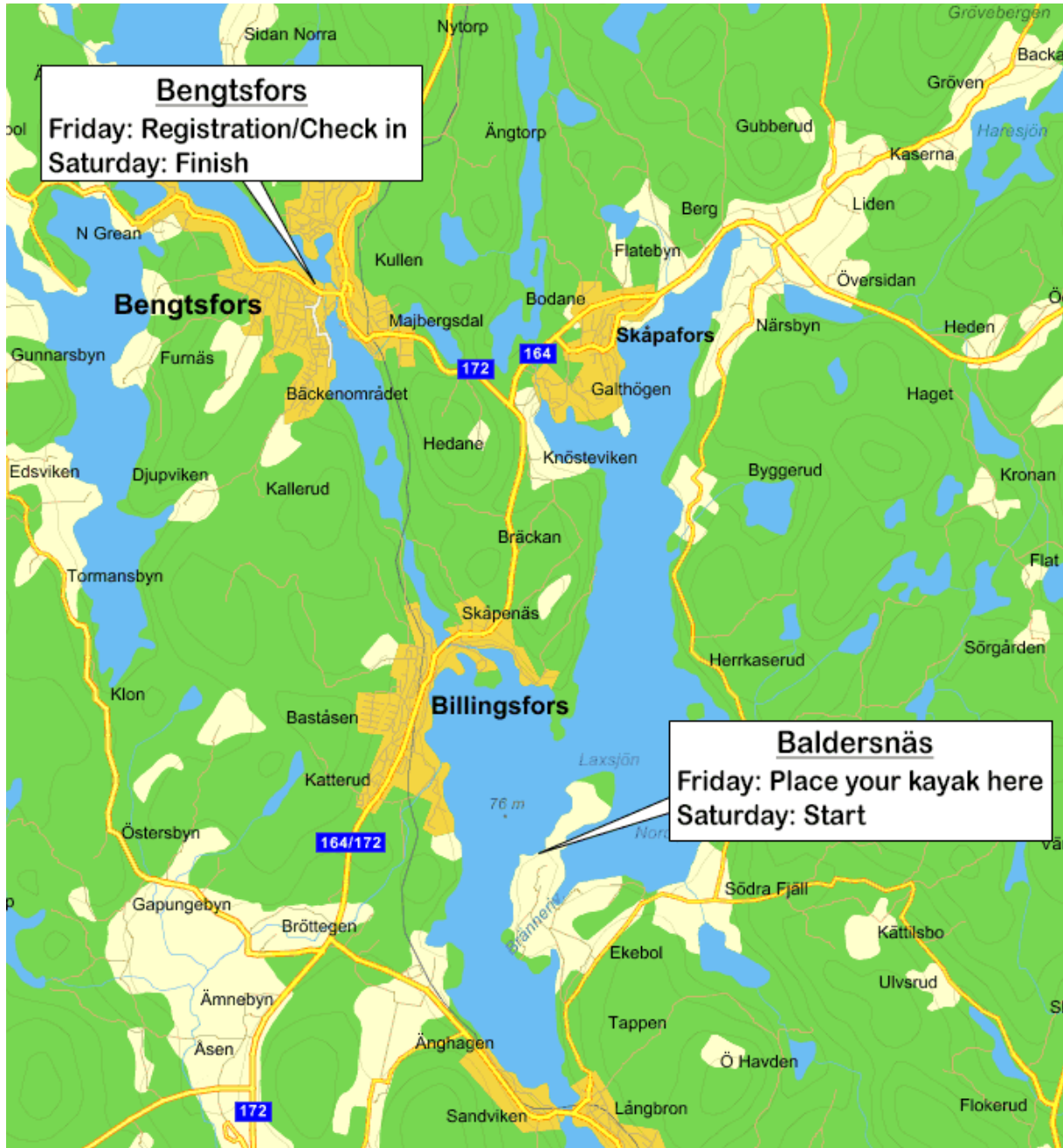


Dalsland Canoe Marathon – August 10.

Race info in English.

Important information Dalsland Canoe Marathon 2019.



REGISTRATION – August 5th – 9th

Check in / Registration 55 km

This year you have the possibility to check in at the tourist office in Bengtsfors from August 5 until August 8. The Tourist office is open between 9.30 AM – 6.00 PM every day. August 9 the check in are open between 1 PM – 8 PM in the finish area in Bengtsfors.

It is also possible to check in at the start Saturday morning at Baldersnäs between 7:00 am. -7:30 am.

Please leave your kayak at the Start in Baldersnäs on Friday (from 13:00 and onward) to avoid crowding on Saturday before the race. It is very hard to get to the start by car on Saturday. There will be race officials by the kayaks all night.

Check in / Registration 20,7 km

This year you have the possibility to check in at the tourist office in Bengtsfors from August 5 until August 8. The Tourist office is open between 9.30 AM – 6.00 PM every day. August 9 the check in are open between 1 PM – 8 PM in the finish area in Bengtsfors.

It is also possible to check in at the start Saturday morning in Gustavsfors between 10:00 am. -10:30 am.

At the check-in you will receive an envelope containing:

- Bib to attach visible on your chest. If you paddle a canoe, K2, K4 or a Dragon boat you attach the bib on the chest on your front paddler. The timing chip is attached to the bib so it's important that you do this correct.
- Number sticker. Attach to your front right side of your kayak or canoe.
- Luggage tag. If you need to get your luggage transported from start to the finish in Bengtsfors.

Give the bag to the officials at the van/bus that is parked at the start in Baldersnäs or just before the race on Saturday morning. The bags will be transported to the showers after the race. It will be the same for all participants that starts in Gustavsfors. ATTENTION: We are not responsible for the content in your bag!

START - Saturday August 10th

Start 55 km – Baldersnäs

The start takes place at Lake Laxsjön just next to Baldersnäs Herrgård. As usual, there will be a mass start at 08:00 am for all classes.

Start 21 km – Gustavsfors

Juniors, Vintage and SUP 21km starts in Gustavsfors at 11:00 am.

Buses

Buses

We offer bus transportation to the start and back to the start after the race. The cost of the bus is 50 SEK each way. You can buy your ticket at check in. All buses depart from the DKM bus terminal at Bengtsgården (school) in Bengtsfors. NOT THE REGULAR BUS TERMINAL. Bengtsgården is located midway between the finish line and the shower facilities (see map).

Buses depart from Bengtsfors to Baldersnäs on race day morning. We recommend you use this service.

06.00	Dalslands Camping
06:15	DKM bus terminal (Bengtsgården school)
06:20	Majbergsdal, southern exit of Bengtsfors
06:35	Ica Supermarket in Billingsfors
06:40	Laxsjöns Camping och Friluftsgård
06:45	Långbron, Dals Långed
07:05	Baldersnäs

If you need bus-transportation to the start in Gustavsfors. Please book at info@campdalsland.se

Taxi back to Baldersnäs depart from DKM bus terminal every hour between 3 pm. – 7 pm. 50 SEK.

THE RACE – Saturday August 10th

The course

The race course is marked by yellow buoys. Along the race course you will see official boats / escort boats and they can be recognized by their red flag. Officiating boats are only acting along the marked race course, which means that if you choose any other route, it is entirely at your own risk.

Please have a look at the course map as well.

Retiring from the race

A car is available for those who are forced to retire from the race. If you retire, you must consult with officials at the portages or any of the official boats. We will then pick you up at a suitable place for transport back to Bengtsfors.

The Portages

At DKM there is 3 portages. It is allowed to bring your own trolley (recommended if you have a heavy kayak). It is also recommended and allowed to help each other carry your kayaks. It is however not allowed to receive help from crew or people not participating in the race. They can only supply food, water and other essentials.

In case of lightning or other danger

Racing and competition is great of course but safety must come first, we urge you to seek protection on land if a thunder storm strikes. If we - the race organizers - believe that your safety is in danger, we will stop the race until all participants safely can resume the race (or stop the race entirely). This will be done at the portages and by the officiating boats. They will be equipped with sirens. Repeated short beeps mean cancel immediately and paddle to shore and wait. The competition starts again with a long sustained signal.

Failing to obey "cancel immediately and seek safety" signal may result in disqualification.

Officials – boats

Their primary task is to monitor the course and respond to accidents. The boats are firmly stationed to avoid waves. We recommend that you have a whistle to attract attention in need of help.

Safety

Canoe marathon races can put the paddlers in dangerous situations due to fatigue or bad weather. It is necessary that everyone who see a kayaker in emergency immediately goes to help him or her. Failing to do so can result in a disqualification for life. (Swedish Canoe Association's technical rules for canoe marathon Ch. § 4. 4)

Are you starting to lose concentration and balance, keep close to shore so you do not have to swim far in case you fall in. Be sure to bring a whistle, this will make it easier for you to let people know you or anyone else needs a helping hand.

If your kayak doesn't have watertight compartments, bring inflatable floating devices and put them in the front or back of your kayak.

Life jacket

All participants (not elite) must wear an approved life jacket. This is for your safety.

Closing times at the portages and finish

To make it all the way around you need to keep a certain pace. Portage no 2 in Skifors close at 12:00, Portage no 3 in Gustavsfors close at 15:00 and the final portage in Herrenäs close at 17:00. The finish closes at 19:00.

Failure to reach each portage in time will result in retirement from the race and you will be transported back to Bengtsfors.

AFTER THE RACE – Saturday August 10th

Showers

There is a 400 m. walk from the finish to the shower facilities. The way will be marked (also see map).

Food

You will be served a meal hot food with bread in the finish area.

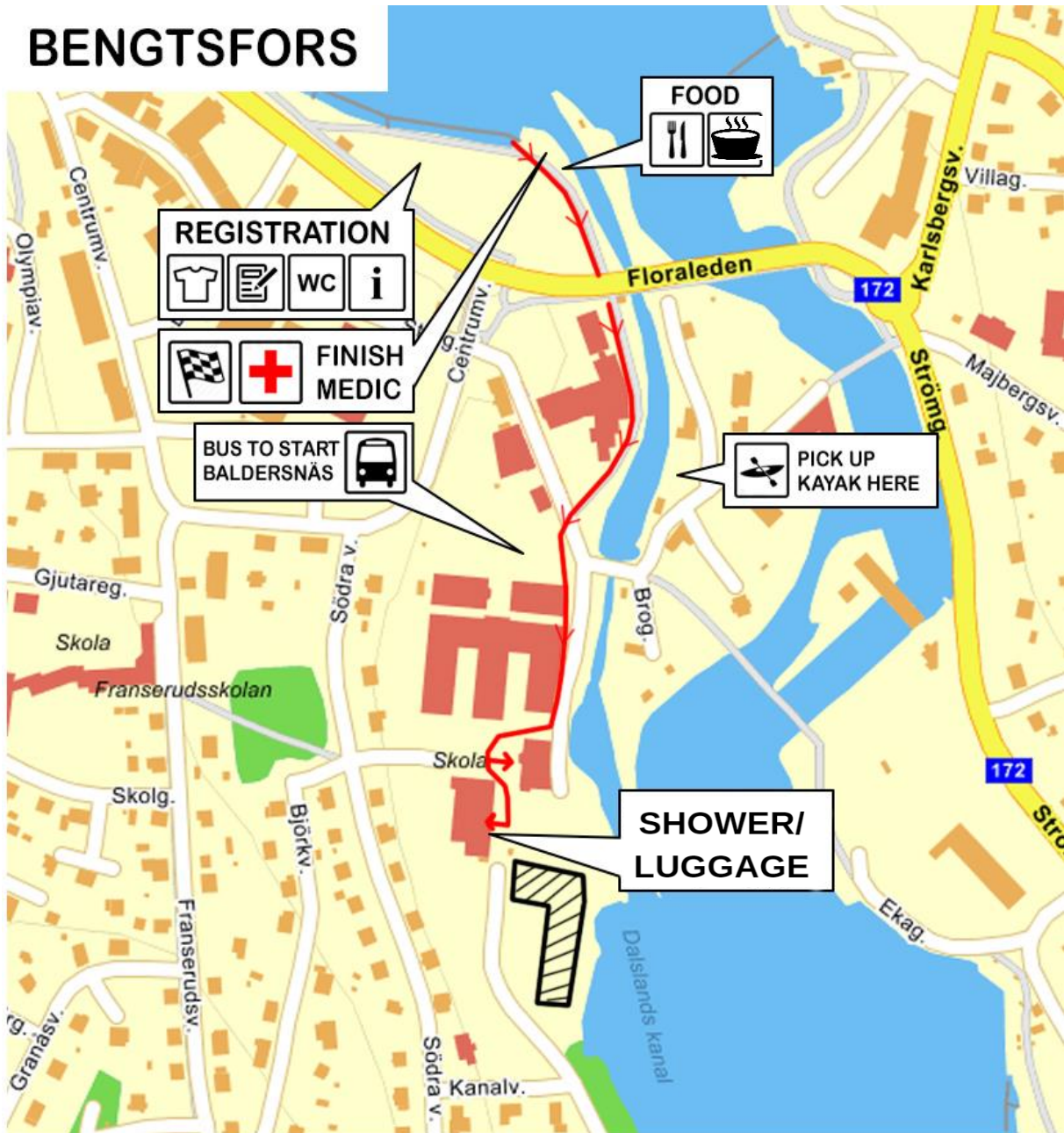
Canoe and kayak transport

Your canoe/kayak will be transported from the finish line to the kayak pick up, where you easy can go by car after showers and food. We are not responsible for canoes at this site and only offer transport to the storage site. But it will be an official by the kayaks most of the time during the afternoon.

Award ceremony

Award ceremony takes place at the finish area at 6:00 pm. for all classes.

BENGTSFORS



For any questions: please contact info@campdalsland.se

Good luck at the race!