

Start in Baldersnäs at 08:00

We start at the small marina just next to the beautiful mansion called Baldersnäs Herrgård in Dals Långed. A spectacular experience where all of the participants, canoes and kayaks are getting ready for the race and the crowd are coming to witness it all. The first lake, at the race, Laxsjön is a bit tricky due to the rough water created by the large amount of canoes and kayaks and you have to be on your toes if you have a tippy kayak.

Portage 1, Skåpafors

Length: 6,5 km, portage length: 390 m.

The first portage is in Skåpafors where you go to shore on a beach and head for the longest lift in the race – 390 meters with a steep climb. On the top side of the portage there are two bridges/jettys where you can put your kayak or canoe into the next lake called Svärdlång. You also have a chance to get some water or energy drink at this portage. There is always a lot of people watching in Skåpafors and the crowd are really inspiring the participants at the start of the second lake towards Skifors.

Portage 2, Skifors

Length: 13,7 km, total 20,2 km, portage length: 130 m. Closes at 12:00

The second lift takes place in Skifors where you can use beaches on both sides of the lift. No bridges or jettys here. Take time to refuel. We offer water, energy drink, bananas and buns at this portage. You will also get more energy from the big crowd following the race! There is normally a bit of current in Skifors all year around which makes the beaches a bit different each year. Watch out for rocks that can hurt your rudder and carbon kayak. You are now entering lake Västra Silen which is a little bit bigger and often a little bit more windy.

Portage 3, Gustavsfors

Length: 14,1 km, total 34,3 km, portage length: 180 m. Closes at 15:00

The lake Västra Silen ends in a narrow canal taking you to the old industrial community of Gustavsfors. At this portage there are bridges/jettys on both ends. In Gustavsfors we provide you with water, energy drinks, buns and bananas to help you recover before you embark on the last epic 20 km lake Lelång towards Bengtsfors (with the possibility to rest at the 4th depot in Herrenäs). You now enter the biggest lake in the race and at this time of day there will be a lot more wind. You really need to use a kayak that you can master in windy and choppy conditions.

The juniors, vintage and SUP classes starts in Gustavsfors at 11:00!

Depot 4, Herrenäs

Length: 11,2 km, total 45,5 km, closes at 17:00

Herrenäs is the last depot before you reach Bengtsfors. All participants get a chance to get out of the kayak or canoe and rest and get some water or energy from the staff. At this depot it will be hot coffee for all participants and something sweet as well. Now you have only 10 more kilometers to go!

FINISH in Bengtsfors!

Length 10 km, total 55 km. Closes at 19:00

The speaker and crowd will give you a warm welcome to Bengtsfors and congratulate you on your epic performance! Your weak and shaky legs will take you on to solid ground where you will receive a well deserved medal while our staff handles your kayak or canoe. Hot food will be served at the finish. A warm shower and sauna awaits just a couple of hundred meters away.