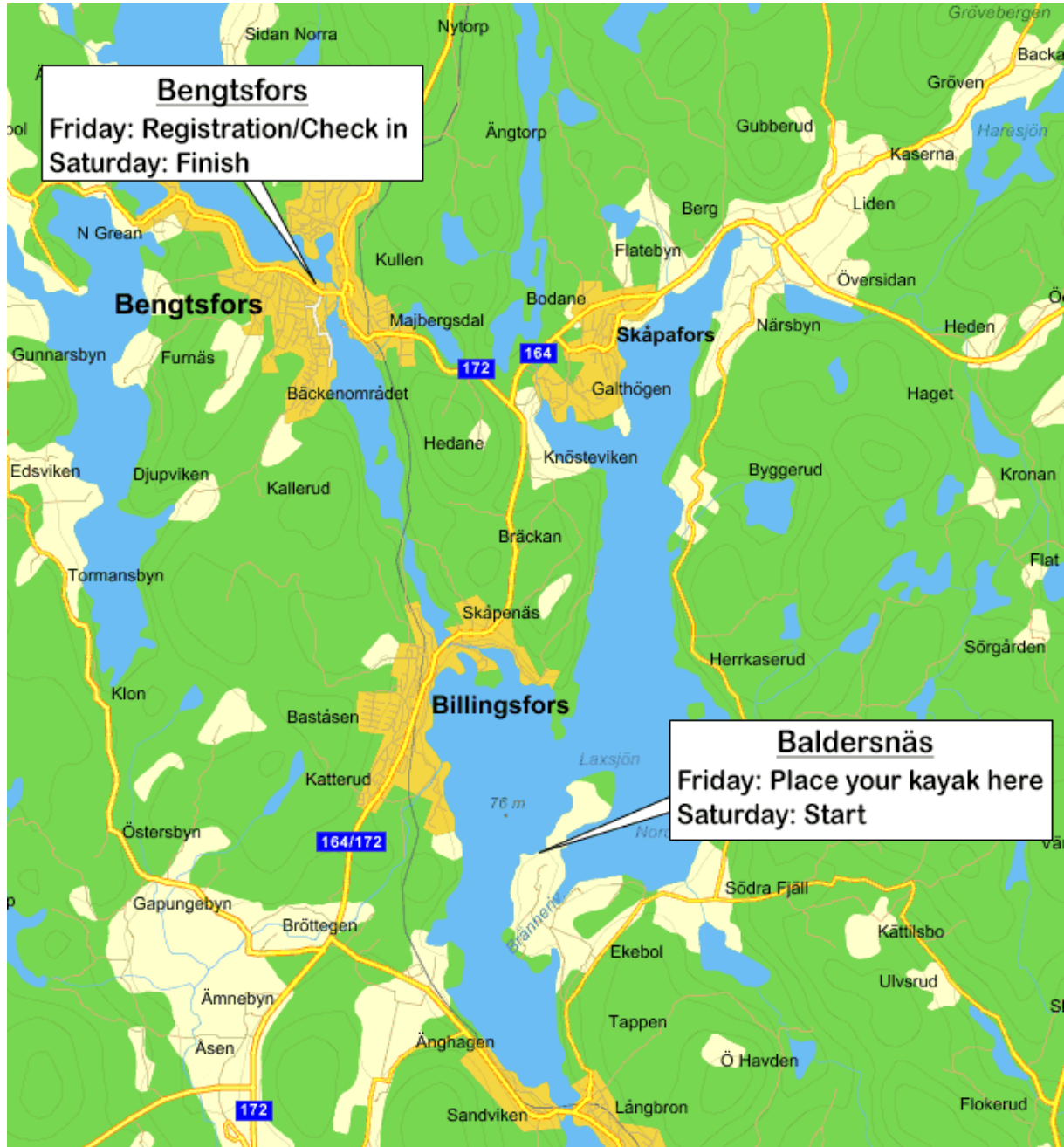


## Dalslands Kanot Maraton – the 15.th edition

Race info in English.

**Important information Dalsland Canoe Marathon 2018.**



### REGISTRATION - August 10th

#### Check in / Registration

Check in between 13 am. – 9 pm. in Bengtsfors

It is also possible to check in at the start Saturday morning at Baldersnäs between 6:30 am. -7:30 am.

Please leave your kayak at the Start in Baldersnäs on Friday (from 13:00 and onward) to avoid crowding on Saturday before the race. It is very hard to get to the start by car on Saturday. There will be race officials by the kayaks all night.

**At the check-in you will receive an envelope containing:**

- Bib to attach visible on your chest. If you paddle a canoe, K2, K4 or a Dragon boat you attach the bib on the chest on your front paddler. The timing chip is attached to the bib so it's important that you do this correct.
- Number sticker. Attach to your front right side of your kayak or canoe.
- A bag that can be used to pack gear that you want to use at the finish and the shower facilities (towel, shampoo, new set of clothing etc).

Give the bag to the officials at the van/bus that is parked at the start in Baldernäs or just before the race on Saturday morning. The bags will be transported to the showers after the race. It will be the same for all participants that starts in Gustavsfors. ATTENTION: We are not responsible for the content in your bag!

## **START - Saturday August 11th**

### **Start 55 km – Baldernäs**

The start takes place at Lake Laxsjön just next to Baldernäs Herrgård. As usual, there will be a mass start at 08:00 am. The relay class and the K4 class will start at 08:15 to avoid crowding at the first portage.

### **Start 21 km – Gustavsfors**

Juniors, Vintage and SUP 21km starts in Gustavsfors at 11:00 am.

### **Buses**

We offer free bus transportation to the start and back to the start after the race. All buses depart from the DKM bus terminal at Bengtsgården (school) in Bengtsfors. NOT THE REGULAR BUS TERMINAL. Bengtsgården is located midway between the finish line and the shower facilities (see map).

Buses depart from Bengtsfors to Baldernäs on race day morning. We recommend you use this service. All buses are free for participants.

06:00	Dalslands Camping
06:15	DKM bus terminal (Bengtsgården school)
06:20	Majbergsdal, southern exit of Bengtsfors
06:35	Ica Supermarket in Billingsfors
06:40	Laxsjöns Camping och Friluftsgård
06:45	Långbron, Dals Långed
07:05	Baldernäs
09:30	Bus to Gustavsfors for juniors, vintage and SUP. DKM Bus Terminal.

Busses back to Baldernäs depart from DKM bus terminal every hour between 3 pm. – 20 pm. Buses back to Dalslands Camping will depart every second hour on request. With the first one at 4 pm.

## **THE RACE – Saturday August 11th**

### **The course**

The race course is marked by yellow buoys. Along the race course you will see official boats / escort boats and they can be recognized by their red flag. Officiating boats are only acting along the marked race course, which means that if you choose any other route, it is entirely at your own risk.

Please have a look at the course map as well.

### **Retiring from the race**

A car is available for those who are forced to retire from the race. If you retire, you must consult with officials at

the portages or any of the official boats. We will then pick you up at a suitable place for transport back to Bengtsfors.

### **The Portages**

At DKM there is 3 portages. It is allowed to bring your own trolley (recommended if you have a heavy kayak). It is also recommended and allowed to help each other carry your kayaks. It is however not allowed to receive help from crew or people not participating in the race. They can only supply food, water and other essentials.

### **In case of lightning or other danger**

Racing and competition is great of course but safety must come first, we urge you to seek protection on land if a thunder storm strikes. If we - the race organizers - believe that your safety is in danger, we will stop the race until all participants safely can resume the race (or stop the race entirely). This will be done at the portages and by the officiating boats. They will be equipped with sirens. Repeated short beeps mean cancel immediately and paddle to shore and wait. The competition starts again with a long sustained signal.

Failing to obey "cancel immediately and seek safety" signal may result in disqualification.

### **Officials – boats**

Their primary task is to monitor the course and respond to accidents. The boats are firmly stationed to avoid waves. We recommend that you have a whistle to attract attention in need of help.

### **Safety**

Canoe marathon races can put the paddlers in dangerous situations due to fatigue or bad weather. It is necessary that everyone who see a kayaker in emergency immediately goes to help him or her. Failing to do so can result in a disqualification for life. (Swedish Canoe Association's technical rules for canoe marathon Ch. § 4. 4)

Are you starting to lose concentration and balance, keep close to shore so you do not have to swim far in case you fall in. Be sure to bring a whistle, this will make it easier for you to let people know you or anyone else needs a helping hand.

If your kayak doesn't have watertight compartments, bring inflatable floating devices and put them in the front or back of your kayak.

### **Life jacket**

All participants (not elite) must wear an approved life jacket. This is for your safety.

Closing times at the portages and finish

To make it all the way around you need to keep a certain pace. Portage no 2 in Skifors close at 12:00, Portage no 3 in Gustavsfors close at 15:00 and the final portage in Herrenäs close at 17:00. The finish closes at 19:00.

Failure to reach each portage in time will result in retirement from the race and you will be transported back to Bengtsfors.

## **AFTER THE RACE – Saturday August 11th**

### **Showers and food**

There is a 500 m. walk from the finish to the shower facilities and the food. The way will be marked (also see map). The food is served in a building close to the showers and you will be served salad, bread and a hot meal. Coffee is also available.

### **Massage**

Massage will be available in the gymnasium above the showers at a price of 150 SEK for 20 minutes.

### **Canoe and kayak transport**

Your canoe/kayak will be transported from the finish line to the kayak pick up, where you easy can go by car after showers and food. We are not responsible for canoes at this site and only offer transport to the storage site. But it will be an official by the kayaks most of the time during the afternoon.

### **Award ceremony**

Award ceremony takes place at the finish area at 6:00 pm. for all classes.

# BENGTSFORS



For any questions: please contact [info@campdalsland.se](mailto:info@campdalsland.se)